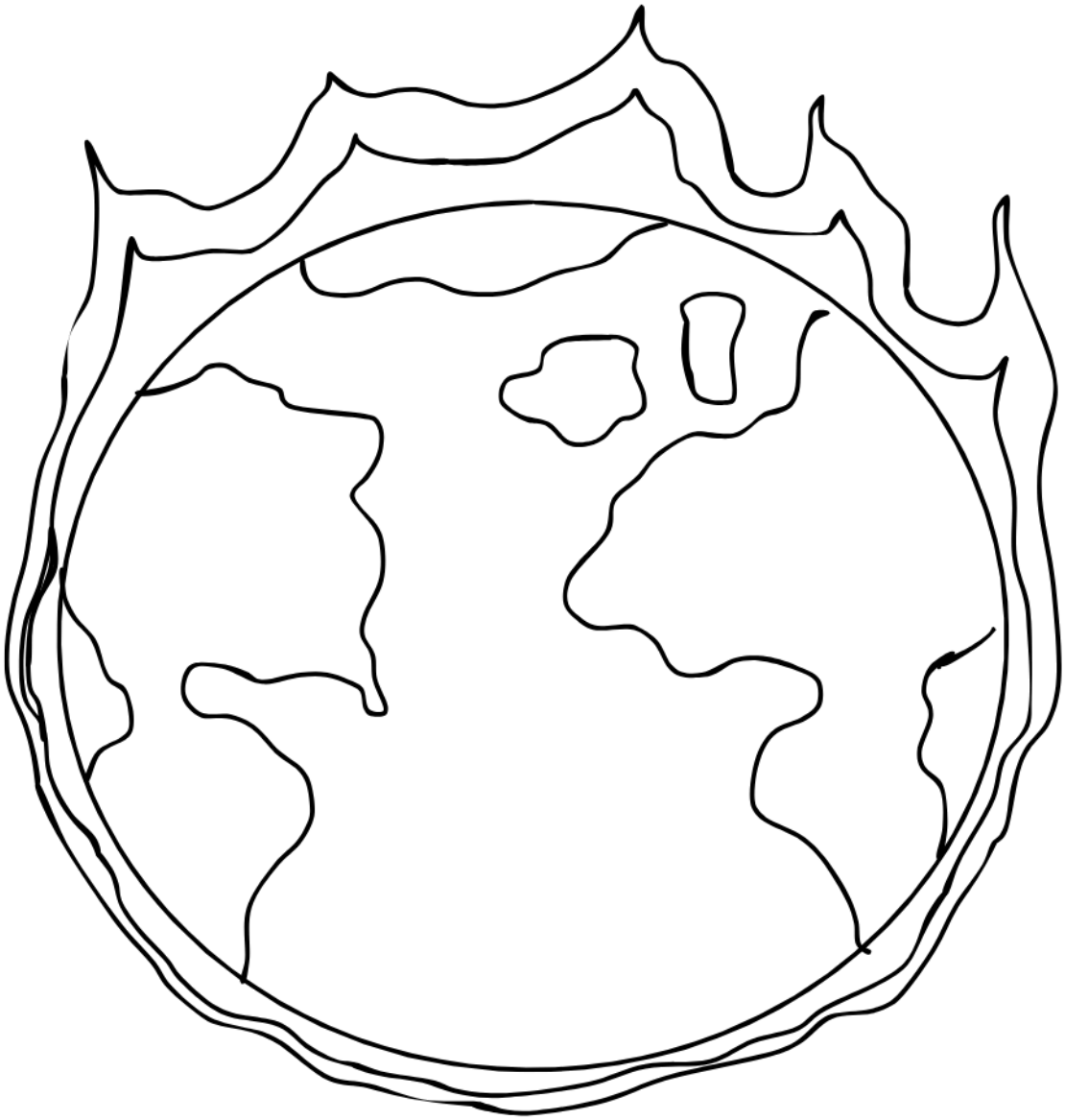
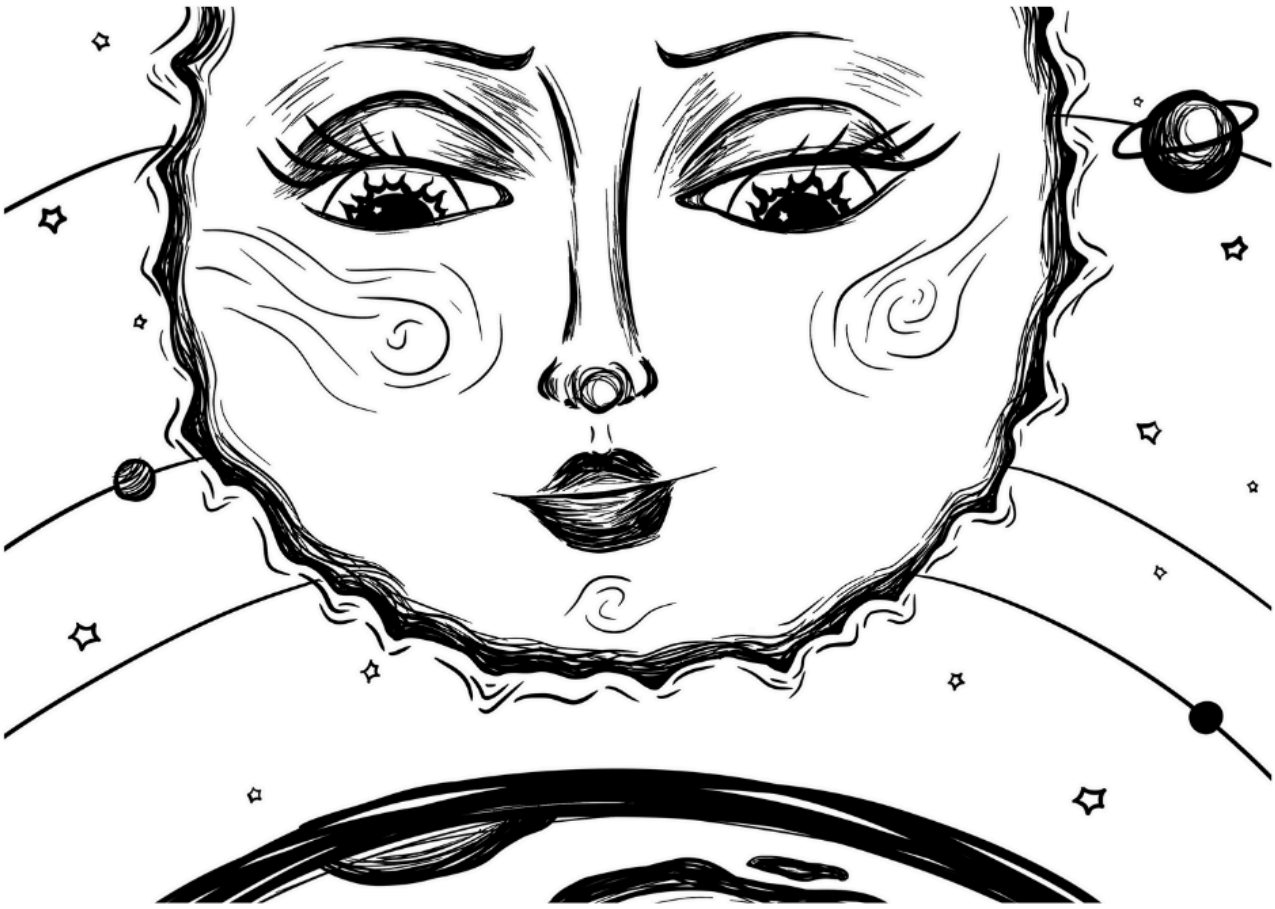
a pocket guide to

LIVING

on our liminal planet



artwork, photography, and
writing by adelaide gleason



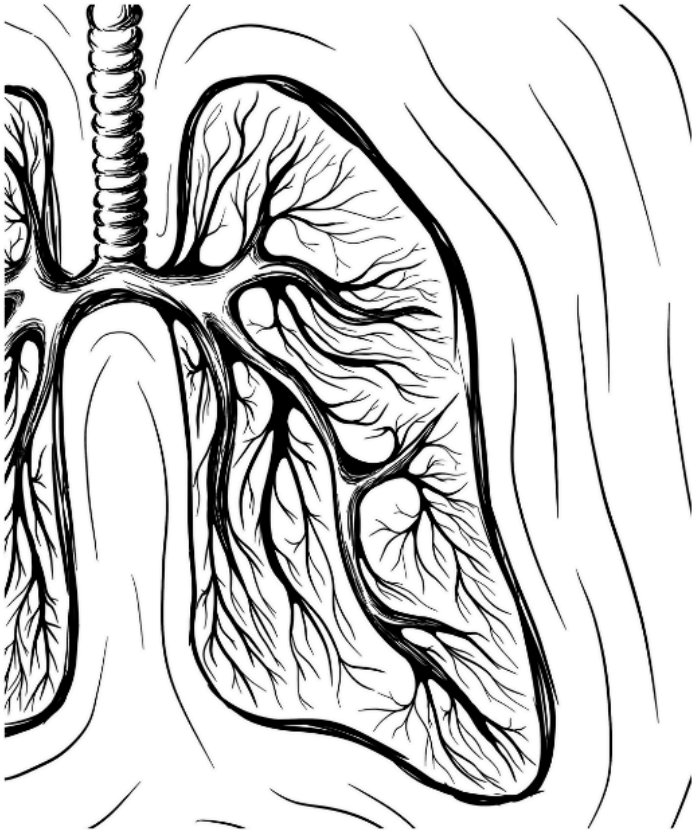
WHAT IS A LIMINAL PLANET?

We exist on a liminal planet; we are in the in-between spaces, the unknown, and the unexplainable. Life has not yet been found on other planets. We are the exception to the norm, and we are on a path towards the destruction of our exceptionalism. We live in the graveyards of forests, swim through deadened coral reefs.

The Earth's temperature has risen by 2 degrees Fahrenheit since 1850, with the 10 warmest years on record occurring from 2014 through 2023.

How do we push forward when the trash humans have created pollutes our air, oceans, and ecosystems? Are we to blame for our eventual demise?

truthfully, it's not entirely our fault.



It's estimated that at least 70% of global emissions come from only 100 corporations. Though big change is necessary, small steps still create an impact.

When taking a deep breath means breathing in polluted air and going for a walk takes you through a path of man-made structures and pollution, it's important to work towards

ACHIEVING BALANCE

It's hard to ignore the impending (or already happening) climate crisis when we exist in the liminal spaces created by global warming. Rather, we could focus on appreciating the natural spaces we have left and taking action for the future. You may feel stuck by the inability to create change, as you are only one person. You may feel betrayed by the government officials who are supposed to care about your well-being. You may feel angered by those who disregard the future of our youth, who make choices fueled by greed rather than empathy. That very anger can be used as a channel for change, an energy to protest, and a desire to take action.

SMALL STEPS

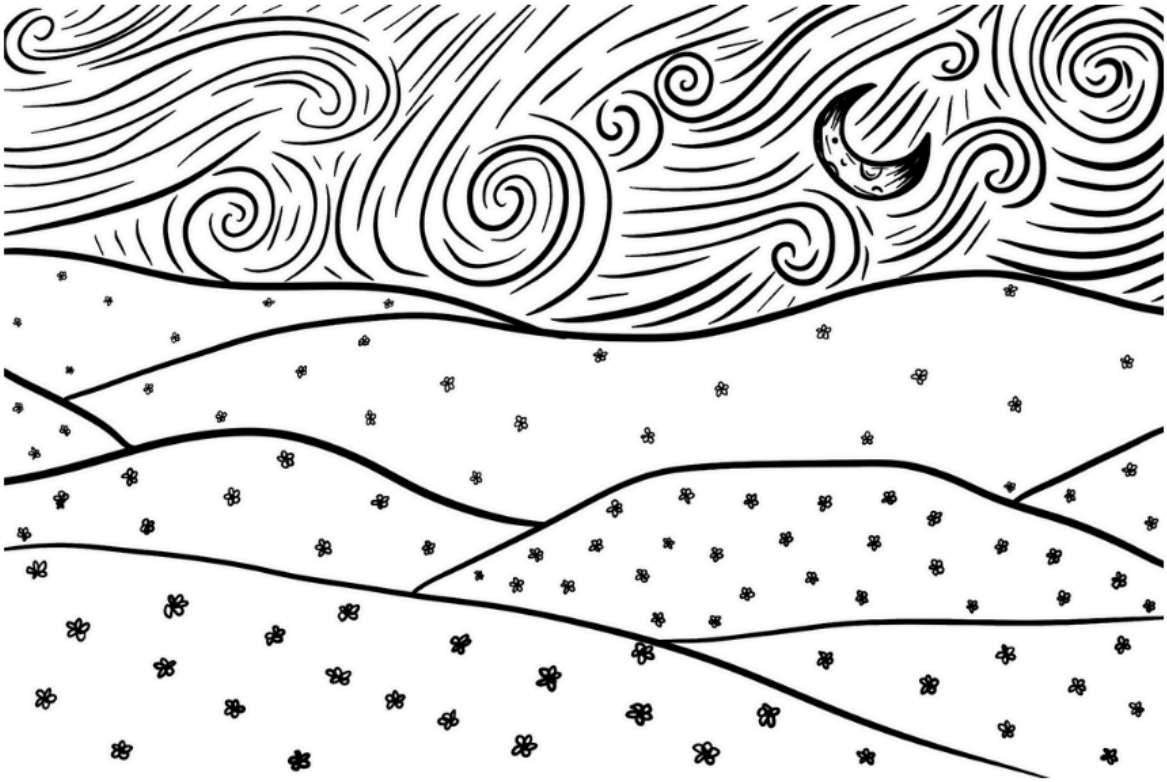
towards sustainability:

1. Lessen or eliminate your use of single-use plastic
2. Take public transport, bike, or walk
3. Invest in long-lasting clothing rather than fast fashion trends
4. Attend climate rallies
5. Eat less meat and dairy
6. Try upcycling or thrifting instead of buying new items
7. Read about climate issues, leaders, and the environment in politics
8. Recycle & Compost

However, we deserve the balance of feeling calm after fighting through anger.

TAKE IN THE WORLD AROUND YOU

Stop for even one moment. Listen to the rustle of the leaves, the bubbling creek, and the singing birds. The sun gazes upon us and warms smiling faces; the moon lights our path through the dark. The wind carries away our worries, spoken into open air and forgotten in the vastness of the universe.



thanks for reading!